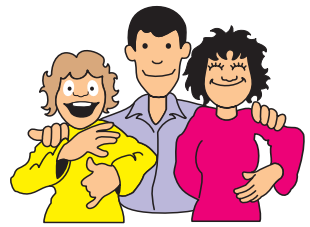




# FUN For Adults



## EASE IN TO PORTRAITS

(ages 16+)

Have you always wanted to capture a portrait of someone but found it difficult? This class will ease you into portraiture! By focusing on different components you will find confidence and build upon your work to complete your masterpiece! Please bring to class: 18x24 sketchpad, colored pencils, two or more charcoal pencils, and an eraser. A portable easel or drawing board is optional.

**Session 1:** Tue, Sept. 22-Oct. 20, 7:30-8:30 pm #94232

**Session 2:** Tue, Nov. 10-Dec. 8, 7:30-8:30 pm #94233

**Session 3:** Tue, Jan. 5-Feb. 2, 7:30-8:30 pm #101026

**Instructor:** Mary Walsh

**Location:** Newtown Elementary School Art Room

**Fee:** \$56 **Resident Discount:** \$45



## CHOCOLATE LIKE A PRO!

(ages 16+)

How do the pros get their chocolates shiny? How do they get that soft filling inside a bon bon? Learn about tempering, molding, making ganache, and hand dipping chocolates from a professional chocolatier. Bring your questions and love of good chocolate. \$10 materials fee payable to instructor at class.

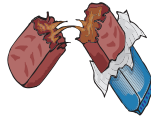
**Session 1:** Wed, Nov. 18, 6:00 - 7:30 pm #94234

**Session 2:** Wed, Jan. 20, 6:00 - 7:30 pm #94161

**Instructor:** "cheri pie"

**Location:** CRHS North, Rm 110

**Fee:** \$13 **Resident Discount:** \$10



## NEW MIDDLE EASTERN COOKING

Do you want to spice up your life with a new skill? If so this class is for you. We will learn to prepare numerous delicious and healthy middle eastern foods! Think you have had tasty hummus and Tabouleh? Learn to make it even tastier, prepared fresh at home with authentic recipes. Additional dishes explored and prepared by scratch in this class will include baba ghanoush (roasted eggplant dip), Sfiha (meat pies) and numerous salads, kebabs (chicken and Kifta), and more! This hands on class is perfect for any level of cooking experience, and great for a group of friends to take together. Dishes are prepared individually and as a group, and always remember to bring some containers for leftovers ~ come learn and taste something new! A \$15 materials fee is due to the instructor at the beginning of class.

**Session:** Wed, Oct. 14, 6:00-9:00 pm #94235

**Instructor:** Sandra Brookley Zadell

**Location:** Council Rock HS North, Rm. 110

**Fee:** \$44 **Resident Discount:** \$35



## WOMEN'S DEFENSE CLASS

(all ages)

This class is for females of all ages! Bring your mother, daughter, sister, and friends! Learn how to correctly protect yourself from would-be assailants using the art of self-defense. This class is designed just for females & includes instruction in the proper techniques for blocking, kicking, punching, takedowns & escape moves.

**Session 1:** Tue, Sept. 22-Oct. 27, 6:30-7:30 pm #94236

**Session 2:** Tue, Dec. 1-Jan. 12, 6:30-7:30 pm #94237

**No class Dec. 29**

**Location:** Wrightstown Elementary

**Fee:** \$60 **Resident Discount:** \$48



## STRESS RELEASE

(16-adult)

What better way to reduce stress and stay fit than through martial arts. In this class you will learn basic self defense techniques and forms wrapped around an intense cardio workout. You will leave this class wanting more. There is uniform available for a one time purchase of \$25 through Action Karate.

**Session 1:** Wed, Sept. 23-Oct. 21, 8:00-9:00 pm #94238

**Session 2:** Wed, Oct. 28-Dec. 2, 8:00-9:00 pm #94239

**No class Nov. 25**

**Session 3:** Wed, Dec. 9-Jan. 13, 8:00-9:00 pm #94240

**No class Dec. 23**

**Location:** Action Karate, 11 Penns Trail Suite 500, Newtown

**Fee:** \$45 **Resident Discount:** \$35

## JINGLE BELL RIDES

Experience the fun of an old-fashioned country hayride pulled by huge Belgian Draft Horses wearing brass sleigh bells! Bring a blanket and cuddle up! Your journey will take you over the meadow and through the woods. After, you can stop and enjoy a crackling bon-fire, hot chocolate, cookies, marshmallows and the sounds of the season. Registration deadline one week prior to event! Space is limited. Please arrive 15 minutes prior to your reserved time, the hayride departs at the scheduled times.

**Sunday, December 20th (session start times)**

**Session 1:** 1:00 pm #94241

**Session 2:** 2:00 pm #94242

**Session 3:** 3:00 pm #94243

**Session 4:** 4:00 pm #94244

**Session 5:** 5:00 pm #94245

**Instructor:** A Better Way Farm

**Location:** Boat House Area in Tyler State Park

**Fee:** \$20 per person **Resident Discount:** \$15 per person



[www.twp.newtown.pa.us/ntrec](http://www.twp.newtown.pa.us/ntrec)



# FUN For Adults



## BALLET (ages 18+)



This class is for the student with at least one year in an introductory ballet class. This is a progressive curriculum. They will learn the basic ballet positions and movements from barre to floor work. This class will not only improve flexibility and posture, it will also tone the body.

**Session:** Fri, Oct. 2-May 21, 9:30-10:30 am #94246  
**No class** Nov. 27, Dec. 25, Jan. 1, Apr. 2  
**Location:** Newtown Athletic and Aquatic Club  
**Fee:** \$315 **Resident Discount:** \$305

## PARTY DANCE: SALSA, CHA-CHA AND BACHATA

Flaco of Flaco's Dance Factory will be sure to get your moving! Three very popular Latin rhythms are featured in this class: Salsa, Cha-Cha and Bachata. You will learn how to hold your partner, lead and follow Basic to Intermediate steps, and to dance on time to the music. In no time at all, you'll be showing off your moves at "Salsa Nights" in the area! [www.flacodance.com](http://www.flacodance.com).

**Session 1:** Fri, Sept. 25-Oct. 30, 8:35-9:35 pm #94247  
**Session 2:** Fri, Nov. 13-Jan. 8, 8:35-9:35 pm #94248  
**No class** Nov. 27, Dec. 25 & Jan. 1  
**Session 3:** Fri, Jan. 22-Feb. 26, 8:35-9:35 pm #101027  
**Instructor:** Marck "Flaco" Best, Flaco's Dance Factory  
**Location:** Goodnoe Elementary  
**Fee:** \$56 **Resident Discount:** \$45



## ZUMBA!

Ditch the workout - Join the Party! Achieve long term benefits while having an absolute blast! The routines feature interval training where fast and slow rhythms and resistance training are combined to tone and sculpt your body as well as burn off fat! Add some Latin flavor and international zest into the mix and you've got ZUMBA!

**Session 1:** Thurs, Sept. 24-Oct. 29, 6:30-7:30 pm #94250  
**Session 2:** Thurs, Nov. 5-Dec. 17, 6:30-7:30 pm #94251  
**No class** Nov. 26  
**Session 3:** Thurs, Jan. 7-Feb. 11, 6:30-7:30 pm #101028  
**Instructor:** Hayes Honer  
**Location:** Wrightstown Elementary School  
**Fee:** \$71 **Resident Discount:** \$57

## BEGINNER BELLY DANCING (adults)

This class is a full body workout that incorporates both strength and flexibility along with beautiful flowing movements! The class consists of core isolation drills, basic dance movements, and easy to follow choreography patterns that will have you dancing in no time!

**Session:** Mon, Oct. 5-May 17, 7:15-8:00 pm #94249  
**No class** Dec. 28, Jan. 18, Feb. 15, Mar. 29  
**Location:** Newtown Athletic and Aquatic Club  
**Fee:** \$315 **Resident Discount:** \$305



## BALLROOM AND LATIN AMERICAN DANCING

Philadelphia's most comprehensive dance venue is expanding to Bucks County, so lets Dance! Flaco of Flaco's Dance Factory will introduce an easy dance technique to help you master the Classic Ballroom Dances: The Romantic Waltz, the Elegant Slow Foxtrot, and the exiting Latin Dances: East Coast Swing and Rumba. This is a great class anyone interested in dance, especially for wedding couples, parents and guests, to get you ready for your special event! Bring your music selection, and Flaco will be happy to help choreograph your first dance. [www.flacodance.com](http://www.flacodance.com)

**Session 1:** Fri, Sept. 25-Oct. 30, 7:00-8:30 pm #94252  
**Session 2:** Fri, Nov. 13-Jan. 8, 7:00-8:30 pm #94253  
**No class** Nov. 27, Dec. 25 & Jan. 1  
**Session 3:** Fri, Jan. 22-Feb. 26, 7:00-8:30 pm #101029  
**Instructor:** Marck "Flaco" Best, Flaco's Dance Factory  
**Location:** Goodnoe Elementary  
**Fee:** \$85 **Resident Discount:** \$68



## QUICK & HEALTHY!

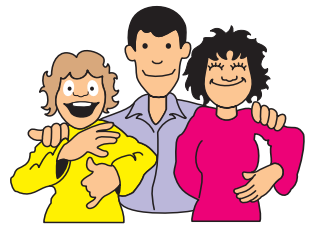
Going back to college? Whether it's your first semester or your last, learn how to keep those dreaded pounds off with this fun way to shop & cook healthy meals FAST! Don't have a stove? No problem, we'll prepare these nutritious meals with a handy hot plate! We'll be meeting up at the local market (please provide email address when registering) and then back to the township building to cook!

**Session 1:** Tue, Jan. 5, 11:00 am-12:30 pm #101046  
**Session 2:** Wed, Jan. 6, 11:00 am-12:30 pm #101047  
**Instructor:** Diane Marrazzo  
**Location:** Newtown Township Municipal Building  
**Fee:** \$19 **Resident Discount:** \$15





# FUN For Adults



## SOUL LINE DANCING

Want to have some fun? Need some exercise? Want to meet new people? You can have it all in this SOUL LINE DANCE CLASS! Learn Line Dances to 60's and R&B Music. EASY step-by-step instructions! Have fun, get fit, and enjoy fellowship!

**Session 1:** Tue, Sept. 22-Oct. 27, 7:30-8:30 pm #94254

**Session 2:** Tue, Nov. 10-Dec. 15, 7:30-8:30 pm #94255

**Instructor:** Joyce Myers, Soul Line Dance Instructor

**Location:** Wrightstown Elementary School

**Fee:** \$75 Resident Discount: \$60



## A WALK THROUGH THE WINERY!

Explore the fascinating and fun world of wine! Enjoy a walk through Rosebank Winery, learning about the art of wine production. Following the tour, you will be invited to taste the different wines that are made at the winery. This is sure to be a very enjoyable way to spend the evening! **No participants under the age of 21 are permitted.**

**Session:** Fri, Nov. 13, 7:30-8:30 pm #94259

**Location:** Rosebank Winery, 258 Durham Road, Newtown, PA

**Fee:** \$15 Resident Discount: \$10



## SCHOLARSHIP WORKSHOP!

Sending yourself - or your child - to college can be a lot easier with help from scholarships. Find out from an insider how to increase your chances of earning this "free money"! Emphasis will be placed on how to prepare in advance and what kind of essays win over scholarship committees. Students planning on attending Bucks County Community College are encouraged to attend. The workshop is for one person or a student accompanied by their parent/guardian.

**Session:** Fri, Nov. 6, 7:00-8:30 pm #94256

**Instructor:** Jean Holmes

**Location:** Newtown Township Municipal Building

**Fee:** \$19 Resident Discount: \$15



## NEW COUPLE COMMUNICATION 101: UNDERSTANDING THE OPPOSITE SEX BETTER

In this seminar for both singles & couples, Life & Dating Coach Gayle Crist Shisler will teach participants how to use a communications technique created by Harville Hendrix, PhD (author of *Getting the Love You Want* and other books for singles and couples). This "Dialog Process" is designed to help people understand each other's needs and motivations better and thus to foster better communication and deeper connections. You will also be presented with information on how to read body language, how to interpret what the opposite sex says, and the differences in how men and women communicate their needs and desires when in a relationship. Men and women of all ages are invited to bring their questions about the opposite sex and expect a lively, eye-opening discussion.

**Session:** Thurs, Nov. 12, 7:00-9:00 pm #94260

**Instructor:** Gayle Crist, Dating and Life Coach

**Location:** Newtown Township Building

**Fee:** \$38 Resident Discount: \$30

## AARP DRIVER SAFETY

A refresher course for mature drivers, co-sponsored by the AARP. Completion may mean a insurance discount for drivers 55 years and older! Check with your insurance provider for details and requirements.

**Session:** Thurs-Fri, Oct. 22-23, 9:00 am-1:00 pm #94257

**Instructor:** Joan Goldstein

**Location:** Newtown Township Municipal Building

**Fee:** \$14 (\$12 with AARP card)



## AARP RENEWAL COURSE!

This is a 4 hr course for those who have previously taken the 8 hr class within 4 years. If your insurance offers a discount, this renewal course meets approval! Participants must bring proof of previous class such as copy of cert or insurance bill.

**Session:** Fri, Dec. 4, 1:00-6:00 pm #94258

**Instructor:** Joan Goldstein

**Location:** Newtown Township Municipal Building

**Fee:** \$14 (\$12 with AARP card)



## GET REAL ABOUT ROMANCE: HOW TO HAVE REALISTIC EXPECTATIONS ABOUT LOVE

A Valentine's Day treat for both singles and couples! Let Dating Coach Gayle Crist Shisler help you determine whether your expectations for loving relationships are realistic or unrealistic, so you'll know how likely it will be to either find a life partner or sustain a healthy relationship with your current partner. You'll also learn some tips to help you get your relationship needs and wants met without "settling" or compromising your values.

**Session:** Mon, Feb. 8, 7:00-9:00 pm #101030

**Instructor:** Gayle Crist, Dating and Life Coach

**Location:** Newtown Township Building

**Fee:** \$38 Resident Discount: \$30





# FUN For Adults



## INTRODUCTION TO RIDING FOR ADULTS

Why should the kids have all the fun? Come on, you know you've always wanted to take riding lessons! This is your chance to experience Horsemanship and Equitation first hand. Our Equestrian Center prides itself on safe and well-schooled lesson horses for all ages and abilities. Choose from Western or English discipline in our new state of the art indoor facility. Must have boot with  $\frac{1}{2}$  inch to 1-inch heel. Helmets are provided.

**Session 1:** Tue, Sept. 22-Oct. 27, 11:00-12:00 pm #94261

**Session 2:** Sat, Sept. 26-Oct. 31, 1:00-2:00 pm #94262

**Session 3:** Sat, Nov. 7-Dec. 12, 1:00-2:00 pm #94263

**Session 4:** Tue, Nov. 10-Dec. 15, 11:00-12:00 pm #94264

**Location:** Painted Dreams Farm

**Fee:** \$239 **Resident Discount:** \$229

## HORSEMANSHIP FOR SENIORS!

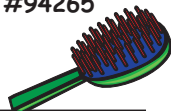
(ages 55+)

Have you always looked at horses from afar and appreciated their beauty and majesty? Join us for an educational "hands on" session experiencing what makes these magnificent animals tick. Learn what it takes to care for a horse: health, feeding, grooming, handling, and in-hand training. The young at heart will have ample opportunity to interact with our equine friends!! All this in our new state of the art indoor Equestrian Center.

**Session:** Thurs, Sept. 24-Oct. 29, 12:00-1:00 pm #94265

**Location:** Painted Dreams Farm

**Fee:** \$79 **Resident Discount:** \$69



## TRANSITIONING INTO A NEW CAREER

Is your career in transition? As you look to your future, whether you are seeking similar employment or looking to change careers, you want to make the most of this critical turning point. In this class you will learn how to analyze your accomplishments and competencies to market yourself for the next role or opportunity. To support your future goals, you will get guidance on developing effective marketing tools (resume, cover letters, biographies, etc.) and creating a personal marketing plan. Tips on job search approaches, networking and interviewing will also be covered.

**Session 1:** Wed, Sept. 16, 7:00-9:00 pm #94266

**Session 2:** Mon, Nov. 2, 7:00-9:00 pm #94267

**Instructor:** Sheryll Poris, SHRM

**Location:** Newtown Township Building

**Fee:** \$32 **Resident Discount:** \$25



## CANDIED APPLES



Remember the delicious crunch of a candied apple? Relive the experience at Sweet Pea! You will be creating five gourmet-candied apples with tons of toppings to choose from! Sprinkle some cheer on your family and friends, or keep them for yourself! A \$5 materials fee is due to the instructor at the beginning of class.

**Session:** Wed, Oct. 21, 10:00-11:00 am #94268

**Instructor:** Sweet Pea

**Location:** Sweet Pea, 254 N. Sycamore Street

**Fee:** \$19 **Resident Discount:** \$15



## GET COVERED IN CHOCOLATE!

This holiday season, create your own gifts and stocking stuffers at Sweet Pea! We'll be dipping smore pops, graham crackers, oreos, and more ~ all to be gift packaged and ready to go! Take the stress out of your list and join us for this chocolaty filled class! A \$5 materials fee is due to the instructor at the beginning of class.

**Session:** Mon, Dec. 7, 10:00-11:00 am #94269

**Instructor:** Sweet Pea

**Location:** Sweet Pea, 254 N. Sycamore Street

**Fee:** \$19 **Resident Discount:** \$15



## FAMILY PORTRAITS

Bring your family to Bucks County Community College on **Sunday, October 4**, for a day of family portrait fun! Family Photos will be taken every 20 minutes. Please dress your family in similar solid colors. You will choose one image of five for an 8x10 print. (you can order more prints if you want!) Photos will be available for pick up approximately one week after at the Parks & Rec. building. **Please provide email when registering.**

**Session 1:** 3:40 pm #94270

**Session 2:** 4:00 pm #94271

**Session 3:** 4:20 pm #94272

**Session 4:** 4:40 pm #94273

**Session 5:** 5:00 pm #94274

**Session 6:** 5:20 pm #94275

**Session 7:** 5:40 pm #94276

**Session 8:** 6:00 pm #94277

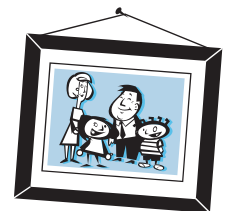
**Session 9:** 6:20 pm #94278

**Session 10:** 6:40 pm #94279

**Photographer:** Ashley Kanoff, Ashley Joseph Photography

**Location:** Bucks County Community College, Tyler Gardens

**Fee:** \$19 **Resident Discount:** \$15



[www.twp.newtown.pa.us/ntrec](http://www.twp.newtown.pa.us/ntrec)